

February 22, 20¹⁷
21:35:02

thoughts, scripts, & reality.

Dear Reader,

They say that your thoughts are living beings; working behind-the-scenes to create what we call Reality. I for one believe for this to be true. Proverbs 23:7 states: "For as he thinketh in his heart, so is he..."¹ We are all given a choice in life; a choice to make a great, positive change in our life and the world, or to be the very cause of its destruction. We live in a world that 'claims' that it wants peace, yet, it hungers for blood, war and mammon. Despite this, some try to better the world, only to find out that their beautiful, lofty goal is nothing more than a pipe-dream. Or is it really? There is a statement attributed to Mr. Richard Hooper that so wonderfully states, "Change is not made without inconvenience."² Agreed. How can we change (or expect to) the world if no sacrifice is made? 'Sacrifice is painful!'

they cry, 'it's easier to burn-and-smoke the problem away.' All change, for both good and evil, require some level of discomfort. Andrew Mirnes said concerning this, "If you want to live a comfortable life, make sure you never love nobody, be selfish and never sacrifice." But can we even call that life? It is things and behaviors like these that have brought society to where it is today: broken, stressed out, and hopeless.

The great author Charles Dickens wrote his famous story A Christmas Carol not just as a warning to the rich and stingy, it holds a key that can bring hope and success to those who are willing to receive it.

Three men read Dickens' master-work and came up with the same belief and gathered together to combine their knowledge & expertise to create a masterpiece: The Financial Wisdom of Ebenezer Scrooge - 5 Principles to Transform Your Relationship with Money.

As previously stated, your thoughts are living beings that create your reality. They also shape your beliefs about everything you know. For example, take the open-ended question, 'The rich get/become rich because -?' and run that through your mind. What was your answer? Your thoughts from your past, conscious/sub-conscious, family and friends helped create your answer. Ted Klontz, Brad Klontz and Rick Kaller, the authors of this book, believe this to be true. These 'scripts', as the authors call them, can make you a George Jefferson, or break you as Bane broke Batman. Careful observation into our personal lives will reveal what our 'money scripts' are.

Drawing vital lessons from Ebenezer Scrooge, Bob Cratchit, and a multitude of real-life stories, the authors explain to the reader that they, the reader, have the ability to change their scripts to change their life. Jeff Olsen states that one can change their life by changing their thought process. To check the validity of this statement, let us look at the

principles of the book. Let us begin.

1. Denial Inhibits Change.

Okay, fair enough. Speaking your negative traits and prat-falls into the atmosphere is not a good thing to do. However, outright denial of your faults and short-comings is just as wrong. This is why so many are lost. When you fail to realize that there is an issue, you only add to your problems. Counselling groups have it somewhat right; admit the wrong, but do not become and claim yourself as the issue. Remember: it is not the dog that is bad, it is the action that is wrong.

2. To Heal You Must Feel.

There is a statement that says, "Dem who kyaant list'n, dem a de ones who mus feel." Humorous? As an after thought, yes; however, in the moment, that statement comes across as Haribal Lecter's hiss. Yet, we must bite-the-bullet and get it over with; it is the only way to begin seeing a change. Yes, it is painful to dig up the corpses of memories, painful ones at that, and breathe

life into them once again in order to discover what, when and where did we go wrong. Yet without this principle, we would never be able to truly change.

3. It Pays To Be Present.

Imagine this: it is 4:40 p.m. and a party starts at 6:45 p.m. - you show up three years, two months, four days, seven hours and thirty-eight minutes late. Now the host of that party thinks that you are on the looney scale between Lucy Howard and the Joker. That's bad. We live in the Now, not the Past or the unreachable Future. Do not live in 'one day', or 'I wish I woulda'. Live now. Once you know the truth, there's no going back.

4. Awareness Of Consequences Creates Motivation.

There is a Turkish Proverb that says, "No matter how far you have gone on the wrong road, turn back." The Prodigal Son knew this and look, it saved his life! Wait. NOTE: this is NOT Star Trek, you can't save time by beaming yourself onto the right road. (Sorry, Captain Kirk). This is why principles 2+3 come before this. Why? Because if you simply cannot be true

to yourself, there is no way you could make, much less survive the return trip. Make up in your mind that you have the Power (this is also a money + life script) to change your life and to make the change journey that will change your life.

5. Transformation Requires Action.

Whenever Clark Kent transforms into Superman (or any other hero for that matter), they take the action to go from zero to hero. We also have to do the same. Scrooge changed because he saw his faults, accepted the truth, and started walking towards doing the right thing. We have to change our scripts from negative scripts into positive ones. Change is possible; are you ready for it? That is the Million-Dollar Question.

What is it that you desire? Speak it into reality. Alter the 'money' scripts that you have and raise your income. Your heart and your thoughts must line up in order to bring about the success you seek. Did we as individuals and as a society have to come this far along the route of failure? No, it was preventable.

But hope is not lost: we have the power to change the world. Never lose sight of success, the life-blood of Passion and Purpose. 'Can these skills - these principles - work in my life?' They can, that is if you apply them and live them everyday. Will you change your life? or will you continue to be a prisoner to lack? That is the question.

I pray that you will apply these principles and let them be the vehicle to drive you to success.

To Your Success, Dear Reader,

J. E. L. Nyander R. Snow

¹ Proverbs 23:7a, KJV

² Attributed to Richard Hooper, British Theologian; quoted by Samuel Johnson, Preface to Dictionary of the English Language 1775

³ Andy Mineo, Uncomfortable LP, Uncomfortable, © 2015 Reach Records